



**HC** **HOLY CROSS  
HEALTH**  
A Member of Trinity Health

**20 | ANNUAL REPORT**  
**19 | A COMMUNITY OF CARING**

*Moving Life Ahead.™*

A young woman's life is transformed by innovative, minimally invasive brain surgery. A noted educator and peace advocate finds a team with the clinical excellence and values to commit to her cancer care. Despite a complex delivery and financial challenges, a young family welcomes a healthy new son.

**All around us are people whose lives are healthier, fuller, better because of our extraordinary community of caregivers, facilities and services known as Holy Cross Health. Individually and together, Holy Cross Health provides an outstanding level and breadth of disease prevention, treatment and management for all – right here, among the neighbors we serve.**

## ABOUT HOLY CROSS HEALTH

Holy Cross Health is a Catholic, not-for-profit, people-centered health system that serves the two most populous counties in Maryland, Montgomery and Prince George's, with a commitment to being the most trusted provider of health care services in the area. Founded in 1963 by the Sisters of the Holy Cross, Holy Cross Health is a member of Trinity Health of Livonia, Michigan. Holy Cross Hospital, in Silver Spring, is one of the largest hospitals in Maryland, and Holy Cross Germantown Hospital is the first hospital in the nation on a community college campus, enhanced by an educational partnership. The Holy Cross Health Network operates primary care practices and affordable health centers, and offers a wide range of innovative, community-based health and wellness programs. Specialty care, home care and hospice services round out Holy Cross Health's high-quality and coordinated continuum of care that aims to improve health and move life ahead for individuals and populations in the communities served. In fiscal 2019, Holy Cross Health contributed nearly 10% of its \$629 million in revenue to community benefit activities that meet community needs and improve access to health.

## OUR CORE VALUES

### Reverence

We honor the sacredness and dignity of every person.

### Commitment to Those Who Are Poor

We stand with and serve those who are poor, especially those most vulnerable.

### Justice

We foster right relationships to promote the common good, including sustainability of Earth.

### Stewardship

We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care.

### Integrity

We are faithful to who we say we are.

## OUR MISSION

We, Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

## TRINITY HEALTH

Trinity Health is one of the largest multi-institutional Catholic health care delivery systems in the nation, serving diverse communities that include more than 30 million people across 22 states. Trinity Health includes 94 hospitals, as well as 122 continuing care programs that include Program of All-Inclusive Care for the Elderly (PACE), senior living facilities, and home care and hospice services.



# WORKING TOGETHER FOR THE HEALTH OF OUR COMMUNITIES



January 2020

As I look back at the last year, I am struck by the breadth of our relationships with the community and the impact we have had on advancing the health and well-being of those we serve ... our community.

As a Catholic, not-for-profit health system, our commitment to breaking down financial barriers to help those who are underserved achieve optimal health and their best quality of life guides all that we do. In fiscal 2019 we provided nearly \$57 million in community benefit through charity care in our hospitals and community-based sites, community health programs, health professions training, and research. This investment is responsive to the many needs of our community and is heightened through our relationships with other organizations that help extend our reach.

Our people-centered strategy has us expanding services in our existing facilities and beyond the walls into our community. We have maintained our focus on innovation and excellence in our core services, like Cancer Care, Neurosciences, Women's Health, Surgical Care and Senior Care, and insist upon exceptional hospital-based care. Through innovations like Home Care Connect™, we can support at-risk members of the community through home-based and virtual care. We also launched a care collaboration with Montgomery County Fire and Rescue Services that will allow patients who call 911 the option to be seen in an emergency room or, if appropriate, a less intensive treatment site. Moving forward, we will continue this tradition of excellence, quality and service in new locations to better serve our community as a trusted health partner.

You'll read about many of our milestones in this report. The honors, innovation and exceptional care reflect the commitment of Holy Cross Health's colleagues, medical staff and partners to make a difference in the lives of our patients and their families. Know that this report only touches upon the tremendous work that takes place every day, from individual patient encounters to advocacy for a healthier community – all in support of Holy Cross Health's mission and the people we are privileged to serve.

May God bless you,

A handwritten signature in blue ink that reads "Norvell V. Coots, MD". The signature is enclosed in a simple blue oval.

**Norvell V. Coots, MD**

President and CEO, Holy Cross Health

# FY 2019 AT A GLANCE

## Our Community Impact

Year after year, Holy Cross Health serves as a trusted, forward-thinking health system with the vision, knowledge, resources and commitment to help people across our community achieve their healthiest life.

We are guided to excellence by the following PEOPLE-centered strategies:

- **People-Centered Care:** our focus on quality and service
- **Engaged Colleagues:** our focus on engaging the best team members
- **Operational Excellence:** our promise to work efficiently and effectively
- **Physician Collaboration:** our commitment to partner for optimal results
- **Leadership Nationally & Locally:** our work to innovate and advance population health, community health and well-being
- **Effective Stewardship:** our promise to steward our resources wisely, including philanthropic interests and support

70  
COMMUNITY HEALTH PROGRAMS WEEKLY

6,680  
COLLEAGUES, PHYSICIANS  
& VOLUNTEERS

BY THE NUMBERS  
FISCAL 2019

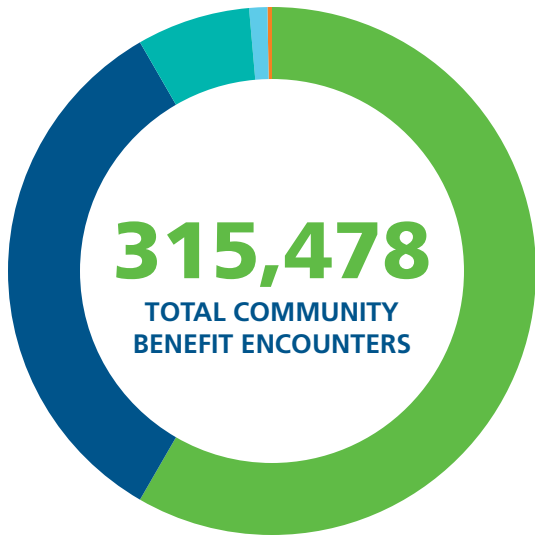
\$629 Million  
TOTAL REVENUE

226,903  
TOTAL PATIENT ENCOUNTERS

2  
HOSPITALS WITH 514  
LICENSED HOSPITAL BEDS  
AND NEONATAL BASSINETS

9  
PRIMARY & SPECIALIZED  
CARE SITES





**196,203**  
Community  
Health Services

**189**  
Health Professions  
Education

**117,765**  
Mission-Driven  
Health Care Services

**24**  
Community-Building  
Activities and  
Community Benefit  
Operations

**1,297**  
Research

OUR PEOPLE

**4,066**  
COLLEAGUES

**1,927**  
PHYSICIANS

**687**  
VOLUNTEERS

PATIENT VISITS

**190,937**  
OUTPATIENT VISITS

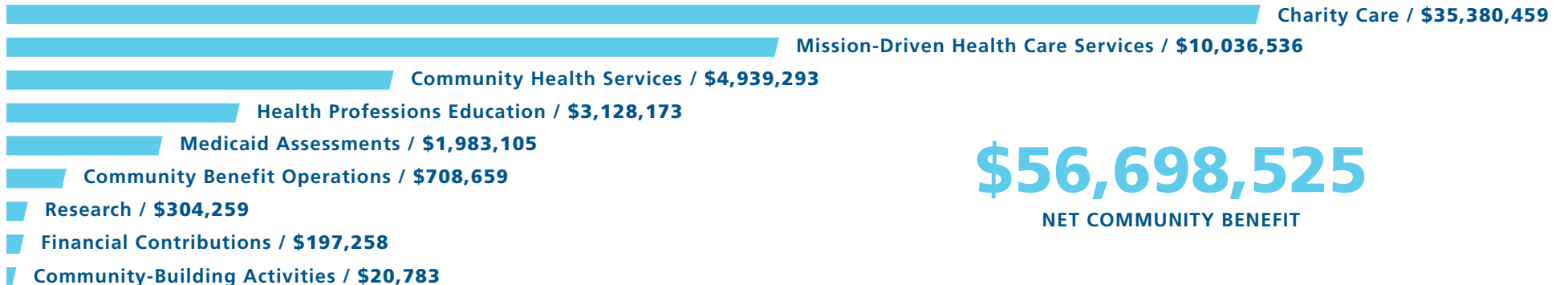
**105,222**  
EMERGENCY CENTER VISITS

**50,009**  
HEALTH CENTER &  
PHYSICIAN PRACTICE VISITS

**35,966**  
INPATIENT DISCHARGES  
*(Excludes Healthy Newborns)*

**12,332**  
SURGERIES

**10,285**  
BIRTHS



# A COMMUNITY OF INNOVATION



Members of the Neuroscience team at Holy Cross Hospital.

Parkinson's disease. Epilepsy. A stroke. Brain or spine tumors. Today's innovative treatments for complex neurologic conditions offer patients new options that are more effective and less invasive than ever. Holy Cross Health is at the cutting edge of these vital developments, offering one of the region's most distinguished and comprehensive neuroscience programs. Our integrated team of neurologists, neurosurgeons, epileptologists, orthopedic spine surgeons, interventional radiologists and physiatrists

is equipped with the most advanced technologies and delivers world-class care close to home.

Holy Cross Health's innovative neurosurgical services include:

- Microsurgical techniques for spinal and skull-based surgery
- Deep brain stimulation treatment for Parkinson's disease and other movement disorders
- Robotic-assisted surgeries

“Innovation is part of the trust our community has in us. We will always be there for you with the most advanced surgical and diagnostic equipment and techniques, innovative programming for continuity of care, and the recognized specialists you need.”

— Blair Eig, MD, Chief Medical Officer,  
Holy Cross Health

- Stereotactic radiosurgery (targeted radiation)
- Advanced endovascular techniques, such as coiling and stent repair, for aneurysms and related conditions
- Electrophysiological monitoring during surgery to reduce risks of nerve damage
- Our dedicated Neuro Critical Care Unit

Our teams of pain management and rehabilitation specialists, physician assistants and nurse practitioners provide comprehensive, holistic support.

## Redefining Neurosurgery, Close to Home

Christine Maalouf had suffered from epilepsy for 15 years, experiencing daily episodes of numbness in her right hand, two grand mal seizures, and the serious side effects of medications that only managed, not eliminated, her symptoms. “I thought this was the way it would always be for me.” But when Christine began seeing Gregory Mathews, MD, medical director of the Epilepsy Monitoring Unit at Holy Cross Hospital, a brighter future emerged. From an MRI, Dr. Mathews detected a cluster of abnormal cells on Christine’s brain called a cortical dysplasia that was responsible for her epilepsy – and could be treated with an innovative, neurosurgical procedure called Visualase®.

Zachary Levine, MD, Holy Cross Health’s medical director of Neurosurgery and Neuroscience, who performed Christine’s surgery at Holy Cross Hospital, explains the technology: “Based on a 3D MRI image, we custom-built a 3D-printed platform for placing a laser thread to reach the target tissue. During the procedure, a real-time 3D MRI image allowed us to measure the heat and energy going through the thread, protecting healthy tissue nearby.” Christine’s surgery took only 90 minutes, she was able to return home within hours, and six days later she was back at work. Her symptoms have vanished, and medications that once ruled her days will soon be a thing of the past.

## Investing in the Future of Care

**Home Care Connect**, launched in Maryland by Trinity Health At Home in 2018, pairs in-home care by visiting nurses and therapists with remote monitoring technology connected to a virtual care center.

### **Comprehensive Heartburn Center**

The complete suite of advanced diagnostic tools for digestive disorders is available at Holy Cross Germantown Hospital, making it the only hospital-based, comprehensive Heartburn Center in Montgomery and Prince George’s counties. The Center offers the new LINX procedure for GERD patients, a circle of magnetic beads placed around the esophageal opening that dramatically improves the quality of life for many heartburn sufferers.

### **Advanced Surgical Technologies**

The Zeiss *Kinevo*® surgical microscope and the *da Vinci*® Xi surgical robot support the most complex procedures.

### **Holy Cross Health Care Transformation Organization (CTO)**

Offering operational support to practices participating in the Maryland Primary Care Program.

### **Trinity Health’s Military & Veterans Health Program**

Holy Cross Health provides high-quality, people-centered health care services to

military service members, veterans and their families as a participant in this Trinity Health program.

### **Advanced Diagnostic Testing**

This includes rapid processing of perfusion and diffusion (RAPID®) analysis of stroke patient CT scans for expedited care and optimal outcomes, and low-dose CT scans for improved lung cancer screening and diagnosis.



Christine Maalouf

“This amazing surgery – right here, down the street – has changed my life.” — Christine Maalouf



# A COMMUNITY OF CLINICAL EXCELLENCE



2019 Holy Cross Health Tumor Board.

“The complexity of diagnosing and treating cancer today requires the knowledge and experience of a multidisciplinary team of physicians, nurses and ancillary services. Holy Cross Health provides this high level of oncology care integration.”

— **Pablo Gutman, MD, Medical Director,  
Holy Cross Health Cancer Institute**

Access to expertise, advanced technologies and up-to-date research is why, each year, more people choose Holy Cross Health for inpatient cancer care than any other hospital or health system in Montgomery or Prince George's counties. For every patient, Holy Cross Health's eminent cancer experts, empowered through our investment in leading-edge technologies and research, provide coordinated access to the latest advances in early cancer screening, diagnosis, treatment and follow-up care – close to home.

Our multidisciplinary patient teams provide highly individualized treatment for more than 50 cancer types in 27 specialties – including gynecologic, breast, colorectal, lung, brain, blood and bone marrow, and prostate malignancies. Our cancer specialists at Holy Cross Hospital and Holy Cross Germantown Hospital are committed to the latest chemotherapy and immunotherapy treatments. Holy Cross Health surgeons use the most advanced minimally invasive robotic and laparoscopic techniques for optimal outcomes and faster recovery.

Together, our medical and surgical oncology experts take a robust, collaborative approach to care. They work closely with the Holy Cross Radiation Treatment Center's radiation oncologists, physicists and dosimetrists. Participation in clinical trials, administered in association with the National Cancer Institute and other groups, keeps us at the forefront of cancer care.

## Fighting for Every Patient

By the time Jeni Stepanek, PhD, received a diagnosis of gynecologic cancer four years ago, she already had endured unimaginable hardships from another medical condition. A rare neuromuscular disease had taken the lives of her four children before ravaging her own health and mobility. Dr. Stepanek, though, knows better than most the power of hope and perseverance. She had seen her youngest son, Mattie, become a renowned bestselling author and peace advocate before his passing at age 13, and she herself had earned her doctorate after the onset of her disease. So when other physicians and medical institutions discouraged Dr. Stepanek from fighting her cancer, she pressed on – and at Holy Cross Health found a community of health care professionals committed to providing her with the highest-quality care.

“Dr. Cheryl Aylesworth, my medical oncologist, and Dr. Sheela Modin, my radiation oncologist, took extraordinary measures to manage my care,” recounts Dr. Stepanek. “When I developed an allergy to the chemotherapy medications and had to be hospitalized, the team arranged daily transportation from the hospital to the radiation center – a complex undertaking due to my neuromuscular disease.”

As a result of the highly coordinated and personalized care Dr. Stepanek received from her Holy Cross Health team, today she is able to continue her work ... and her life.

## Commitment to Quality

Achieving quality of care requires constant vigilance. At Holy Cross Health, our pursuit of clinical excellence is motivated by our promise to help individuals achieve their best quality of life. We work with accrediting bodies to ensure we are providing safe care to all we serve. It’s important to provide not only the latest treatments and technologies, but also state-of-the-art facilities and colleagues who are service-focused with advanced training.

This passion for excellence is nurtured by strong physician and medical leadership throughout our well-coordinated system. Our commitment to care quality earns Holy Cross Health awards and recognition (pages 12 and 13), but most important, it builds trust with the people we serve who have made Holy Cross Health their health care partner.

### 2019

**3,937**  
unique cancer patients

**673**  
physicians caring  
for cancer patients  
in 27 specialties

**56**  
cancer types  
treated per year  
in 18 categories



*Dr. Jeni Stepanek (center) with Rami Makhoul, MD, colorectal surgeon (l), and Cheryl Aylesworth, MD, medical oncologist (r).*

“My Holy Cross radiation oncologist, Dr. Sheela Modin, took my care from amazing to miraculous by organizing hyperbaric oxygen treatments in a first-ever application for my condition that saved my life. Right there, that’s clinical excellence.” — Dr. Jeni Stepanek



# A COMMUNITY OF PARTNERS



Members of the nursing team at Holy Cross Hospital's OB/GYN Clinic.

Last year, 10,285 babies were born at Holy Cross Hospital and Holy Cross Germantown Hospital – more than any other health system in Maryland or the District of Columbia.

**Before delivery.** Expert care for all mothers and babies begins with our comprehensive prenatal education and care. For high-risk pregnancies complicated by age, an existing medical condition or other circumstances, Holy Cross Hospital and Holy Cross Germantown Hospital provide consultation, diagnostic testing and ongoing care. For women requiring hospitalization during pregnancy, the

High-Risk Perinatal Center at Holy Cross Hospital and the Antepartum Unit at Holy Cross Germantown Hospital both offer expert 24/7 care.

**During and after delivery.** Private labor and delivery rooms, as well as private postpartum maternity suites, are one reason so many expectant parents choose Holy Cross Health. The availability of advanced neonatal care is another. Holy Cross Hospital's Level III Neonatal Intensive Care Unit (NICU) cares for more newborns with complex medical issues than any other hospital in Maryland or

“Early prenatal care and healthy infants are the crux of a healthy community.”  
— Kimberley McBride, Vice President,  
Community Health

the District of Columbia. Holy Cross Germantown Hospital has a fully equipped Level II Neonatal Unit. After families return home, support groups, education programs, fitness opportunities and home health checks continue our comprehensive care.

**For all.** Our commitment to serve all members of the community has led us to develop sustainable community benefit programs, often with partners, to make the full range of gynecologic, prenatal, obstetric, neonatal and pediatric services available to those who face financial challenges.



## Teaming Up for Healthy Beginnings

Lucas Mejia Ruano is a strong, healthy infant with a happy, active family. But at the time of his difficult birth in May 2019 at Holy Cross Hospital, his future was less than certain.

Lucas' mother, Claudia, received perinatal care at Holy Cross Hospital's OB/GYN Clinic. This clinic, along with Holy Cross Germantown Hospital's OB Clinic, provides critical prenatal and follow-up care to women with no health insurance and limited financial resources. This resource is partially funded through the Maternity Partnership Program, a collaborative agreement between Holy Cross Health and the Montgomery County Department of Health and Human Services. Holy Cross Health has provided care to more than 23,000 women through this partnership since 1999.

At six months, Claudia began having early contractions. When her water broke at 32 weeks, Claudia was admitted to Holy Cross Hospital's High-Risk Perinatal Center for observation. When Lucas presented in the high-risk breech position, Claudia was hurried to surgery for a C-section. The delivery went well, and Lucas, born prematurely, was sent to the NICU for his first two weeks of life.

After her discharge, Claudia was able to visit Lucas at any time, and even view streamed images of him on her phone, thanks to a special and secure NICU video camera. Once home, Lucas's quality care continued, with two follow-up examinations by Holy Cross Private Home Services, and ongoing primary care for Claudia at the Holy Cross Health Center in Germantown.

## Our Valued Partners

Holy Cross Health works closely with partners and generous donors to meet the preventive, clinical and health management needs of those in financial need, at every stage of life. Among our initiatives are free or low-cost fitness programs for seniors, disease self-management programs for adults with chronic disease, and our four Health Centers, which provide affordable primary care to those facing health care coverage and financial difficulties. Our partners include:

**Maternity and Early Childhood:** Catholic Charities Sanctuaries for Life; DC Diaper Bank; Maternity Partnership Program; Montgomery Moving Forward; Reach Out and Read; Germantown Boys & Girls Club; Centro Nía; Linkages to Learning; Montgomery County Safe Kids Coalition & Child Passenger Safety

**Senior Care:** Asbury Methodist Village; Maryland Department of Aging; Montgomery County Area Agency on Aging

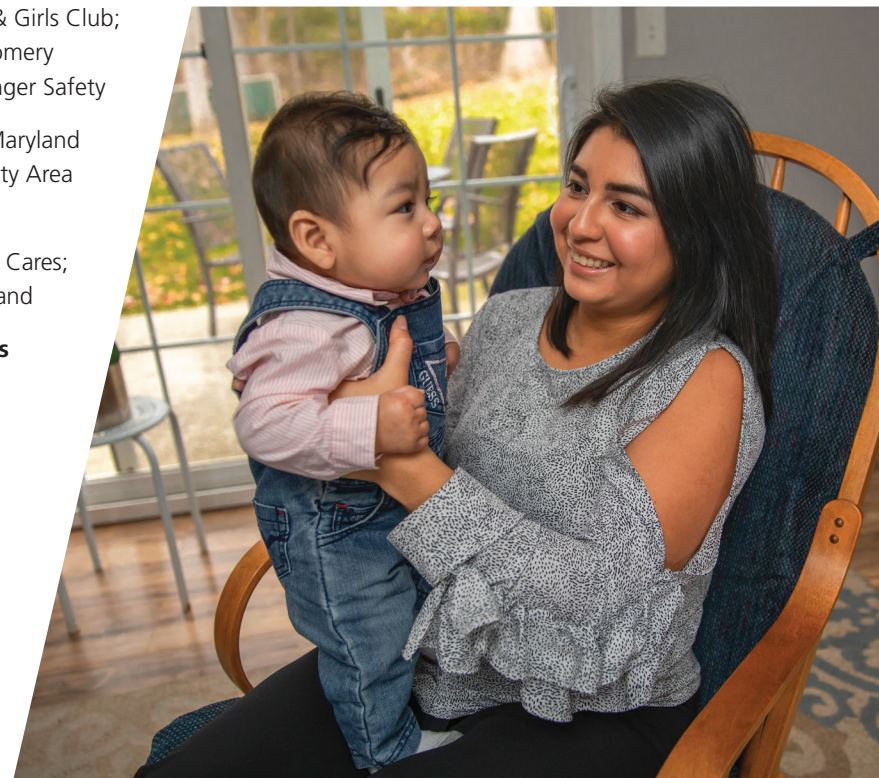
**Primary Care:** Care for Kids; Montgomery Cares; Primary Care Coalition; University of Maryland

**Montgomery (MC) and Prince George's Counties (PGC):** MC Fire and Rescue Services; MC Emergency Medical Services; Maryland Institute for Emergency Medical Services Systems; Housing Opportunities Commission of MC; MC Department of Health and Human Services; MC Department of Recreation; PGC Fire and Emergency Medical Services Department

**Community Health:** Healthy Montgomery; Institute for Public Health Innovation; Montgomery County Food Council; ARC of Montgomery County; Thriving Germantown; Family Services, Inc.; EveryMind; Community Ministries of Rockville

**Health Insurance and Finance:** HealthFirst Financial; Maryland Physicians Care; Kaiser Permanente

**Education:** Montgomery College; Montgomery County Public Schools



*Claudia and Lucas*

“I put my faith first in God, and second in my Holy Cross Hospital team.” — Claudia

# A COMMUNITY OF DISTINCTION

## 2019 RECOGNITION AND ACHIEVEMENTS

Every person associated with Holy Cross Health – from patients to physicians and nurses, from leadership to staff, from volunteers to donors – can take pride in our level of innovation, clinical excellence and community commitment. Here are the latest honors and confirmations of our remarkable community health system.



## CLINICAL AWARDS AND RECOGNITIONS

- **2019 America's 250 Best Hospitals Award** from Healthgrades for Holy Cross Hospital, placing it in the top 5% of hospitals nationwide for clinical outcomes
- **2019 America's 100 Best Hospitals for Critical Care™ Award** from Healthgrades for Holy Cross Hospital
- **2019-2020 U.S. News & World Report** national rankings of "America's Best Hospitals," ranks Holy Cross Hospital highest (tied) in Montgomery County, Maryland; 10th (tied) in the Washington, D.C., metro area; and 10th (tied) among all the hospitals in the state of Maryland. The hospital also received the highest rating in three adult procedures/conditions: congestive heart failure, colon cancer surgery and chronic obstructive pulmonary disease
- **2019 Get with the Guidelines®-Stroke Gold Plus Achievement Award with Target: Stroke<sup>SM</sup> Honor Roll Elite Plus** for Holy Cross Hospital and Holy Cross Germantown Hospital from the American Heart Association/American Stroke Association
- **2018 Beacon Award for Excellence**, bronze-level, for Holy Cross Hospital's Surgical Intensive Care Unit (SICU) / Neuro Critical Care Unit (NCCU), from the American Association of Critical-Care Nurses (AACN)



## CLINICAL DESIGNATIONS AND ACCREDITATIONS

- **The Joint Commission** accreditation for Holy Cross Hospital and Holy Cross Germantown Hospital, from the main accreditation organization for U.S. hospitals
- **Primary Stroke Center** designation for Holy Cross Hospital and Holy Cross Germantown Hospital by the Maryland Institute for Emergency Medical Services Systems (MIEMSS)
- **Advanced Primary Stroke Center** designation for Holy Cross Hospital by The Joint Commission
- **Bariatric Surgery Program** accreditation for Holy Cross Hospital as a Comprehensive Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP)
- **Breast Center** accreditation for Holy Cross Hospital by the American College of Surgeons' National Accreditation Program for Breast Centers (NAPBC), the first hospital in Montgomery and Prince George's counties to receive this prestigious accreditation
- **Blue Distinction® Center+ certification for hip replacement, knee replacement and spine surgery** at Holy Cross Hospital from Blue Cross Blue Shield
- **Blue Distinction® Center certification for bariatric surgery** at Holy Cross Hospital from Blue Cross Blue Shield
- **Breast Imaging Center of Excellence (BIOCE)** designation for Holy Cross Hospital by the American College of Radiology
- **Cardiac Interventional Center** designation to perform emergency angioplasty for acute heart attacks at Holy Cross Hospital by the Maryland Institute for Emergency Medical Services Systems (MIEMSS)
- **Center of Excellence in Minimally Invasive Gynecology (COEMIG)** designation for Holy Cross Hospital by the Surgical Review Corporation (SRC)
- **Hip Replacement, Knee Replacement and Spine Surgery Certification** for Holy Cross Hospital from The Joint Commission, the first hospital in Montgomery County to receive Spine Surgery Certification from The Joint Commission
- **Comprehensive Community Cancer Program** accreditation at Holy Cross Hospital by the American College of Surgeons' Commission on Cancer, since 2000
- **Laboratory Services** accreditation by the College of American Pathologists (CAP)
- **Level IIIB Perinatal Referral Center** designation for Holy Cross Hospital by the Maryland Institute of Emergency Medical Services Systems (MIEMSS)
- **Level 3 Epilepsy Center** accreditation for the Epilepsy Monitoring Unit at Holy Cross Hospital by the National Association of Epilepsy Centers (NAEC)
- **Perinatal Diagnostic Center** accreditation at Holy Cross Hospital by the American Institute of Ultrasound in Medicine
- **Radiation Oncology Practice** accreditation for the Radiation Treatment Center by the American College of Radiology

## WORKPLACE EXCELLENCE AND LEADERSHIP AWARDS FOR HOLY CROSS HEALTH

- **2019 Outstanding Physician Leader** recognition for Norvell V. Coots, MD, president and CEO of Holy Cross Health, from Becker's Hospital Review
- **2019 Workplace Excellence Seal of Approval Award** from the Alliance for Workplace Excellence, the only health care provider in Maryland to receive this recognition every year since its inception in 1999
- **2019 Health & Wellness Seal of Approval Award** from the Alliance for Workplace Excellence, for the 12th consecutive year
- **2019 EcoLeadership Award** from the Alliance for Workplace Excellence, for the 11th consecutive year and every year since its inception in 2009
- **2019 Diversity Champion Award Winner** from the Alliance for Workplace Excellence, for the eighth consecutive year
- **2019 Certificate of Recognition: Best Practices Supporting Workers of All Abilities** from the Alliance for Workplace Excellence, for the second year in a row (the award's inaugural year was 2018)
- **2019 Certificate of Recognition: Best Practices Supporting Workers 50+** from the Alliance for Workplace Excellence, for the second year in a row (the award's inaugural year was 2018)



# AN INSPIRED COMMUNITY OF PEOPLE WHO CARE

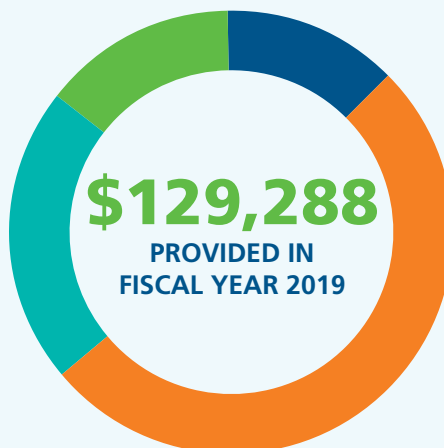
## HOLY CROSS HEALTH FOUNDATION

The generous donors of the Holy Cross Health Foundation make our exceptional system of high-quality health care possible. From inpatient to outpatient services, Holy Cross Health provides access to care in an equitable manner, including for those facing financial barriers. Our outreach programs span the continuum of health and wellness while mediating the social determinants of health. We thank each one of you for helping us to carry out our mission – daily, locally and faithfully.



## The Kevin J. Sexton Fund to Increase Access and Improve Community Health

addresses a broad set of health and social needs for our most vulnerable patients. This fund augments the care provided in Holy Cross Health's four community-based health centers and two hospital-based OB/GYN Clinics. In fiscal year 2019, Holy Cross Health disbursed \$129,288 to meet the needs of a low-income, under- and uninsured patient population.



**\$66,533**  
to expand social work and health care navigation

**\$28,216**  
for 120 specialty care visits and prenatal ultrasound scans

**\$18,153**  
for patient-specific needs including medical equipment, rental assistance, food, medication and transportation

**\$16,386**  
to identify and address barriers to good health in the communities surrounding our four health centers

## PAYING IT FORWARD TO THE COMMUNITY

Alyson Saben credits Holy Cross Health's Pulmonary Maintenance Program with contributing to her mother, Alice Saben's, quality of life: "Through her participation, my mother developed relationships, she had her own life, her own friends and her own purpose," recalls Alyson. "Her year in the program was one of the happiest of our lives."

The program helps patients with chronic lung disease reduce symptoms and perform activities of daily living at optimal capacity. In practice, it often does much more than that: "When people come to the program, they are here for months – or years – so we form very close relationships," said Kimberly Crilly, RN, MS, exercise physiologist and program coordinator.

To express their gratitude, Alyson and her daughter Lahni Saben, along with friends and family, donated a NuStep Recumbent Cross Trainer to the program.

"Giving back to Holy Cross Health was a way to say thank you to the amazing men and women of the Pulmonary Maintenance Program whose compassionate care gave my mother hope and strength in her time of

need, and gave my daughter and me a wonderful year with my mom." Alyson and Lahni have pledged their continued commitment to the program for years to come to keep paying it forward to the community.



“Our hearts are forever filled with gratitude.”  
— Alyson Saben

Left to right, Linda Walker, respiratory therapist; Darlene Pierce, RN; Lahni Saben; Alyson Saben; Solomon Amponsah, exercise physiologist; Kimberly Crilly, RN, MS, exercise physiologist and coordinator, Pulmonary Maintenance Program.



# GIVING SOCIETY MEMBERS

## **BENEFACTORS SOCIETY (\$1,000,000)**

Friends of Holy Cross Health –  
Auxiliary of Holy Cross Hospital  
Kaiser Permanente of the  
Mid-Atlantic States  
The Whiting-Turner Contracting Company

## **NEW INNOVATIONS SOCIETY (\$100,000–\$999,999)**

Anonymous  
Archdiocese of Washington  
Associates in Radiation Medicine  
Bank of America  
CareFirst BlueCross BlueShield  
Community Neonatal Associates  
Diagnostic Medical Imaging, P.A.  
(Drs. Hwang, Karr, Moshyedi, Narang,  
Pandit, Wisotsky and Zucker)  
Mary T. Drouin  
Blair Eig, MD, and Kaethe Eig  
EMJAY Engineering and  
Construction Co., Inc.  
Gallagher, Evelius & Jones, LLP  
Hughes Network Systems, LLC,  
an EchoStar Company  
The J. Willard and Alice S.  
Marriott Foundation  
John and Amy Mewhiney Cancer  
Foundation

Leach Wallace Associates, Inc.  
M&T Bank  
Medical & Dental Staff of  
Holy Cross Hospital  
MOM365  
Montgomery Orthopaedics – a division of  
The Centers for Advanced Orthopaedics  
The Nora Roberts Foundation  
Pathology Associates of Silver Spring  
Roederer Trust for Science and Medicine  
Michael and Janet Scherr  
Kevin J. Sexton and Mary DuBois Sexton  
Sisters of the Holy Cross, Inc.  
SmithGroup  
US Acute Care Solutions

## **CAREGIVERS SOCIETY (\$10,000–\$99,999)**

AARP  
Ada Harris Maley Memorial Fund  
Affiliated PET Systems, LLC  
Glenn and Phyllis Anderson  
Rawle Andrews, Jr.  
Anonymous  
Bill and Joanne Aschenbach and Family  
AstraZeneca  
Autograph Collection Hotels  
Avison Young  
Rick and Kathleen Bailey  
The Beacon Newspapers  
Berkeley Research Group, LLC  
Rainer and Beverley Bosselmann  
Ira N. Brecher, MD  
Ann Burke, MD and Jim Burke  
Linda Burrell, MD  
The Butz Foundation  
Cadia Healthcare  
Eileen Cahill  
Capital Critical Care, LLC  
Cardiac Associates, P.C.  
Marcia Y. Carroll  
Annice Cody and Peter Braverman  
Colonial Parking, Inc.  
Comprehensive Neurology Services –  
Shahid Rafiq, MD, President  
Patrick and Heidi Connolly  
Van Coots, MD and Claudia Coots  
Marlin G. Curameng, RN  
Louis A. Damiano, MD and Anna Morretti  
DECO, LLC  
Craig A. Dickman, MD and Bonnie Dickman  
Lynne D. Diggs, MD and Gary N. Bell  
Elizabeth and Sean Dooley  
EagleBank  
Falcon Express, Inc.  
Kristin and Richard Feliciano  
Fitzgerald Auto Malls  
Peter and Betsy Forster  
Wendy Friar, RN and Jamie Friar  
Sharon and Stephen Friedman  
Vinu Ganti, MD  
Genentech, Inc.  
Anne and Mike Gillis  
Ellen Glover and Gerry Perez  
Mary E. Gomez, RN  
Scott and Denise Graham  
Celia Guarino, RN and Joan Kelly  
Suresh K. Gupta, MD and Maansi Gupta  
Lauren and Ed Hild  
Holy Cross Germantown Hospital  
Medical Staff

Intensive Care Associates, LLC  
Paul and Carol Kaplun  
Patricia K. Keating, RN  
Julie and Bronson Keese  
Jessica and Rory Kelly  
Bradford Kleinman, MD  
Janice and Lisa Kretz  
Robert Lechleider, MD  
Jeremy and Misty Leonard  
Zachary T. Levine, MD, FAANS  
and Jennifer Avellino  
Linowes and Blocher, LLP  
Selvi Mani, RN  
Maryland Oncology Hematology  
Maryland Physicians Care  
Maryland Soccer Foundation, Inc.  
Thomas and Susan McElroy  
MGN Family Foundation  
Mid-Atlantic Federal Credit Union  
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“As an employee – and as a patient and cancer survivor – Holy Cross Health supported me, treated me with compassion and skilled expertise, and helped me move my life ahead. That’s why I donate to our Holy Cross Health Foundation. I am a Grateful Patient. Physicians, technicians, nurses and others helped me dodge invasive breast cancer.”

— Helen Grace Tagunicar





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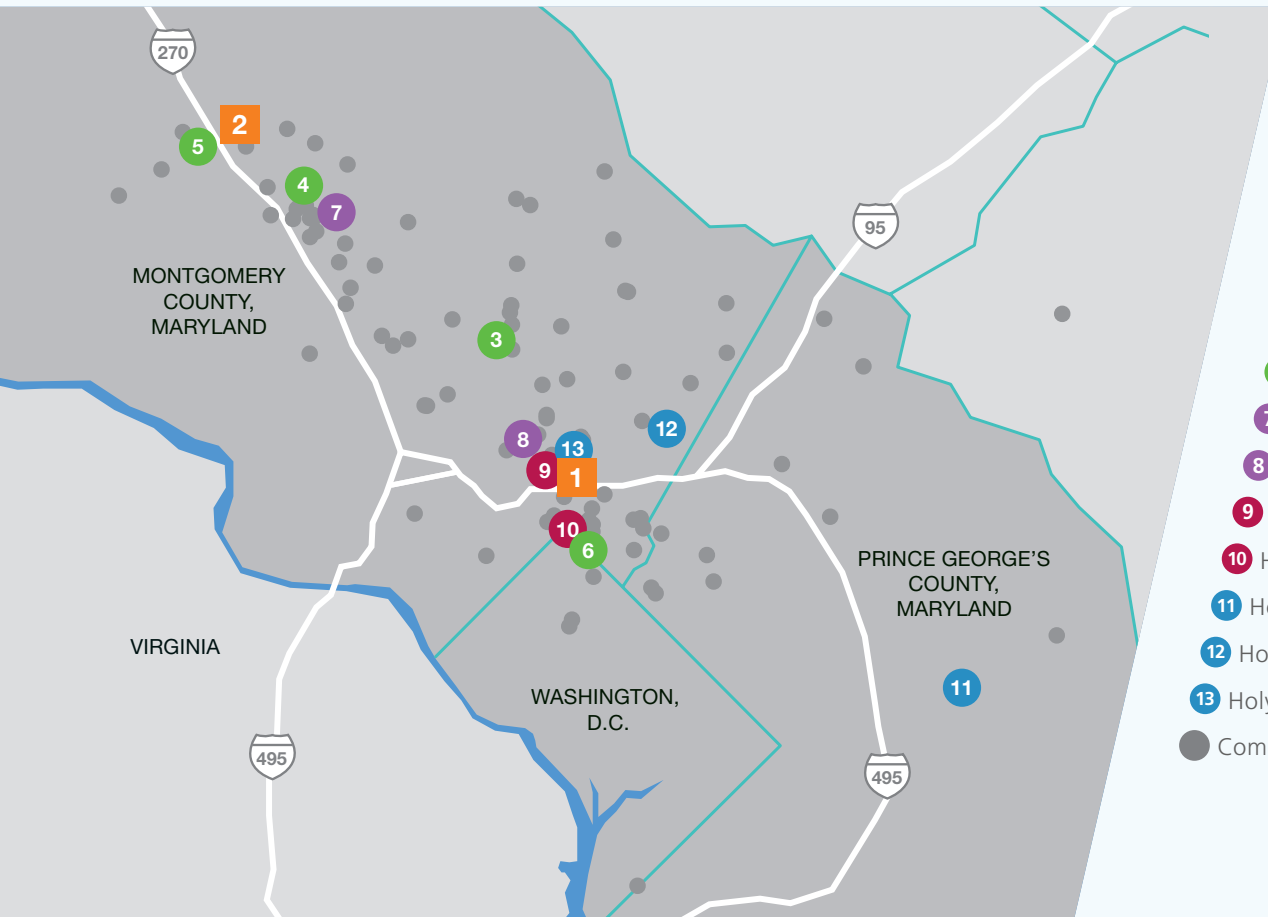
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# HOLY CROSS HEALTH LOCATIONS

## SERVING OUR COMMUNITY



- 1 Holy Cross Hospital, Silver Spring
- 2 Holy Cross Germantown Hospital
- 3 Holy Cross Health Center in Aspen Hill
- 4 Holy Cross Health Center in Gaithersburg
- 5 Holy Cross Health Center in Germantown
- 6 Holy Cross Health Center in Silver Spring
- 7 Holy Cross Health Partners at Asbury Methodist Village, Gaithersburg
- 8 Holy Cross Health Partners in Kensington
- 9 Holy Cross Resource Center, Silver Spring
- 10 Holy Cross Senior Wellness Center, Silver Spring (*coming in 2022*)
- 11 Holy Cross Dialysis Center at Woodmore, Mitchellville
- 12 Holy Cross Home Care and Hospice (Trinity Health At Home), Silver Spring
- 13 Holy Cross Radiation Treatment Center, Silver Spring
- Community Health Programs



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“Compassion moves us to reflect on the signs of the times, discern needs and respond. We stand in solidarity with the poor and the powerless.”  
 — Sisters of the Holy Cross