



WOMEN AND INFANTS UNIT RENOVATION

The Impact of Your Giving

Thank You for Supporting Women and Infants Services at Holy Cross Health

Holy Cross Hospital's newly renovated Women and Infants Unit is making an impact, because of you.

For more than 55 years, Holy Cross Health has been an important provider of primary and specialty care services in the community. Families come to us to grow and thrive.

Physical demands of delivering a child – labor pains, complications, emergency surgery and other related physical trauma – can be daunting to even the most experienced moms. That's one reason it's crucial that labor and delivery facilities are as user-friendly as possible, for families and for staff alike.

To better serve moms, babies, families and staff, Holy Cross Hospital recently renovated our labor and delivery unit, where we bring 10,000 babies into the world each year.

We are deeply grateful for all the lives you have touched through your thoughtfulness and generosity.



Renovated front lobby (above), updated nurses station (left) and expanded PACU (below)





Left: Nursing staff excited to formally open the new unit.

Far left: Nancy Nagel, RN, Vice President of Women and Children's Services, and Fr. Kirtley Yearwood, Chief Mission Officer, offer a blessing to the renovated unit.

The Miracle of Childbirth in a Bright, New Setting

The U.S. Census Bureau has documented a temporary drop in births in America amid the pandemic. But not at Holy Cross Health.

"The national birth rate may be going down but we're not seeing it," says Gwen Richards, a labor and delivery charge nurse at Holy Cross Hospital. "In this region, our population is increasing."

To meet the needs of our patients and families, we have renovated over 13,000 square feet of our labor and delivery triage and perinatal diagnostic center (PDC), along with the C-section operating rooms and associated post-anesthesia care unit (PACU).

The expansion includes:

- increasing the number of labor and delivery triage beds
- equipping all PDC rooms to be able to serve as triage and many to serve as diagnostic rooms
- adding a fourth operating room and expanding the size of each operating room to accommodate the birth of multiples, high risk deliveries, and a neonatal care team
- providing comfortable new pre-operative C-section bays
- expansion of the PACU to allow for more mothers and a comfortable space for their partners.

Our dedicated staff, many of whom have been working 12-hour shifts, can now benefit from a reconfigured, updated workspace.

"The operating rooms and PACUs are right there," she says. "The moms and the babies are right there. Everything is right there. This makes a huge difference for our nurses and staff."



First-time mom Madison DeLeon and her husband Tim had their baby in the renovated labor and delivery unit at Holy Cross Hospital.

"My best experience was in the recovery suite," Madison said. "I had friendly and knowledgeable nurses check on me. I felt comfortable sending my baby to the nursery over night because I knew they would be in good hands."

Tim's mother Lynn was treated for cancer at Holy Cross Hospital, adding more meaning to their experience becoming parents.

BY THE NUMBERS

Holy Cross Health is a recognized leader in Women and Infant care:

#1
in Maryland

#2
in the Mid-Atlantic region

#10
in the nation

Since 2017, over **\$730,000** has been raised from 300 unique donors to Women & Infants Services.

ABOUT THE HOLY CROSS HEALTH FOUNDATION: A 501(c)(3) tax-exempt charitable organization, the Holy Cross Health Foundation exists to improve the health of our community through the generosity of our patients, colleagues, community members, foundations and corporations. Your partnership enables us to continue providing equitable care to our most vulnerable patients and their families. **For more information, please call us at 301-557-GIVE (4483).**

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